## **Objectives**

Nature-treks.com Himalaya, being a responsible adventure travel company, realize that, "ecotourism" is all about communities, conservation, environment and sustainable travel. And hence our sincere objectives are: to support the community owned eco-lodge along the trails, help building environmental and cultural awareness to provide positive experiences for both tourists and locals, provide significant economical benefits for the communities and nature conservation, minimize the impact on the environments and culture and to create more employment opportunities

# Main Highlights of this Treks...

- Views of some 30 different snow-clad mountains including three over eight thousand meters (Dhaulagiri I, Annapurna I and Manaslu)
- Off-the beaten trekking trail- a great alternative to many populated trails in Nepal
- Magar culture (way of life and ancestral dances)
- Orange farm at Bas Kharka, organic farming and Nepali paper making at Nangi
- · Community schools and community forest
- Intact nature with rich bird life

# **Trip Extension**

Join our other adventure trips such as rafting, wildlife safari, Canyoning or chilling out at Borderlands Resorts

Come and be a part of these meaningful treks for community development and nature conservation!

We can make a definite difference together!

## INFORMATION SHEET

These lodge or tea house treks are undertaken in the popular area of Everest, Annapurna, Langtang, other areas.

#### TREKKING SEASON

February to May in spring/summer and October to December in autumn are good season but low altitude treks can be taken through out the year.

## TREK GRADE

Our treks range from easy to strenuous suitable for any capabilities. We request you to choose your adventure according to your suitability and fitness.

## TRANSPORTATION

Tourist/public buses and flight wherever it is required, especially to the Everest areas.

## TRAVEL INSURANCE

We strongly advise our guest to take a travel insurance against any untoward incidents before the trip.

## RECOMMENDED EQUIPMENTS

- · Good pair of hiking boots, thick and light socks, camp shoes
- Gortex quality water proof jacket and trouser, fleece jacket, down jacket, under wear, cotton trouser, shirts and T-shirts, shorts, woolen hat, sun hat, gloves etc.
- Day pack, water bottle, sun glasses, flash light with spare batteries, binoculars, playing card and personal medical kit.

FOR FURTHER INFORMATION CONTACT: Nature-treks.com Himalava P. Ltd

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