3 PASSES OF EVEREST

TripCode: ANC10 16 Days strenuous adventure trek Kathmandu to Kathmandu Departure/s:

PIKAY PEAK TREK

TripCode:ANC11 05/07 Days moderate trek Kathmandu to Kathmandu Departure/s:

MARDI HIMAL

TripCode: ANC12 07/08 Days Moderate trek Pokhara to Pokhara Departure/s:

ROLWALING VALLEY

TripCode:ANC13 10 Days Moderate trek Kathmandu to Kathmandu Departure/s:

MOUNTAINEERING IN NEPAL

Also join our trekking peak climbing expeditions to Island peak (6160m), Pisang Peak (6091m) or Mera Peak (6654m).

INFORMATION SHEET

These lodge or tea house treks are undertaken in the popular area of Everest, Annapurna, Langtang, other areas

TREKKING SEASON

February to May in spring/summer and October to December in autumn are good season but low altitude treks can be taken though out the year.

TREK GRADE

Our treks range from easy to strenuous suitable for any capabilities. We request you to choose your adventure according to your suitability and fitness.

TRANSPORTATION

Tourist/public buses and flight wherever it is required, especially to the Everest areas.

TRAVEL INSURANCE

We strongly advise our guest to take a travel insurance against any untoward incidents before the trip

RECOMMENDED EQUIPMENTS

- · Good pair of hiking boots, thick and light socks, camp shoes
- Gortex quality water proof jacket and trouser, fleece jacket, down jacket, under wear, cotton trouser, shirts and T-shirts, shorts, woolen hat, sun hat, gloves etc.
- Day pack, water bottle, sun glasses, flash light with spare batteries, binoculars, playing card and personal medical kit.

FOR FURTHER INFORMATION CONTACT:

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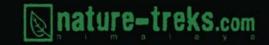
Trek Himalaya



MOST POPULAR TREKS

POON HILL ANNAPURNA BASE CAMP EVEREST BASE CAMP

Pure nature with adventure!



Popular Himalayan Adventures!

The lodge treks are undertaken in Annapurna conservation area, Everest and Langtang national parks, where the trails are well established and accommodations and food are available in local guest houses. These areas offer amazing biodiversity and enriching cultural diversity with some of world's highest and most Spectacular Mountain peaks.

Why us, Nature-treks.com!

It's an experienced, responsible and ethical trekking company that offers personalized service, respects nature, environment and locals.

POON HILL TREK

TripCode: ANC01 04/05/06 Days introductory trek Pokhara to Pokhara Departure/s:

ANNAPURNA SANCTUARY

TripCode: ANC02 10/12 Days moderate trek Pokhara to Pokhara Departure/s:

ANNAPURNA CIRCUIT

TripCode: ANC03 12 /16 Days strenuous trek Besi Sahar to Pokhara Departure/s:

"Life is either a great adventure or nothing" Helen Keller

LANGTANG VALLEY

TripCode: ANCO04 08/12 days moderate trek Kathmandu to Kathmandu Departure/s:

TAMANG HERITAGE TRAIL

TripCode: ANCO05 08 days moderate trek Kathmandu to Kathmandu Departure/s:

LANGTANG & HELAMBU

TripCode: ANC06 15 Days strenuous trek Kathmandu to Kathmandu Departure/s:

EVEREST MONASTERY TRAIL

TripCode: ANC07 09 Days Moderate trek Kathmandu to Kathmandu Departure/s:

GOKYO EVEREST

Tour Code: ANC08 11 Days trip strenuous trek Kathmandu to Kathmandu Departure/s:

EVEREST BASE CAMP

Tour Code: ANC09 12 Days strenuous trek Kathmandu to Kathmandu Departure/s: